

# Series1 Turning Instructions

Jan | May | Sep

Number at foot of bed: 1



To turn:

Spin mattress. Do not flip.



Feb | Jun | Oct

Number at foot of bed: 2



To turn:

Flip mattress and spin.



Mar | Jul | Nov

Number at foot of bed: 3



To turn:

Spin mattress.



Apr | Aug | Dec

Number at foot of bed: 4



To return to original position for January:

Flip mattress and spin.

